

## DONVALE CHRISTIAN COLLEGE NEW GYM

### OVERVIEW

All training for Donvale Dunkers is conducted at Donvale Christian College's Gym. Donvale Dunkers has an agreed understanding with the school and as such has a list of conditions of use that all members of Dunkers must abide with.

1. Only Dunker's players are permitted to train in the gym during the agreed hours of training.
2. All Dunkers members are to respect and maintain the gym
  - a. No food is permitted in the gym or foyer of the gym
  - b. No personal items to be left in the gym
  - c. Return the gym to its original condition.
    - i. Last team is to sweep each court before leaving the gym and locking up each night.

### ENTRY INSTRUCTIONS

1. Each Coach is given a Gym Pass card. This is used to access the gym after school hours, ie from 3:30pm onwards.



This card is on loan from Donvale Dunkers to each coach and must be returned once your coaching time finishes up with the club.

2. Use your Gym Pass to access the gym near DOOR 1 on keypad shown below



3. Enter through far right door next to keypad, enter the foyer and close the door behind you. If you're the first team into the gym open one door of the double doors in the foyer not gym doors by pushing it back until it locks open. Your team members will enter through this door.

4. Use your Gym Pass again to open the double doors into the Gym. Prop one of these double doors open too by extending fully open.

## CLOSING UP PROCEDURE

1. Please ensure that all **personal items** are removed from the gym
2. Have a player sweep the courts
- 3.
4. Ensure **door** from courts to bathroom area is closed
5. **Turn off fans** (see instructions below for fan operations)
6. If **blue court divider** has been raised, please return it to lowered position (see instructions below or read instructions on next to controls)
7. Ensure **all doors** are closed upon exiting.

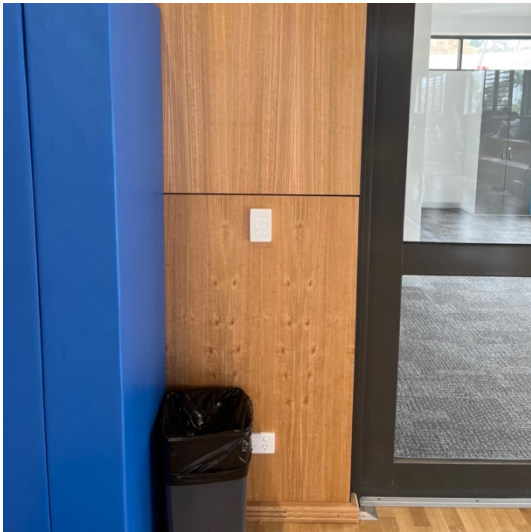
Lights will turn off automatically.

## LIGHTING IN THE GYM

Lights are set automatically by the school. There is no need to turn lights off when closing.

If the lights are affecting training due to the movement of the fans please locate switches inside gym near foyer doors (court 1) and on the doors leading to rear foyer (court 2).

The 6 switches control intensity of lights. To turn OFF click top switch.



COURT 1



COURT 2



## LOUVERS & FANS

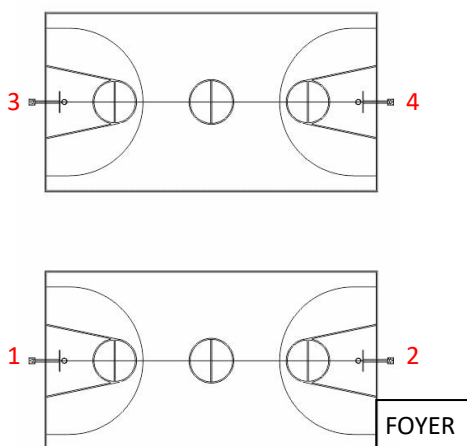
1. **LOUVRES** - DCC has installed louvers to aid in the movement of air. The controls of the louvres are pictured below. There is no need to alter these.



2. **FANS** - The fans are operated by the panels shown below which is located mid courts on the east wall. If turned on they shouldn't be set more than 54 reps.



3. The four panels shown above operate the four fans located on Court 1 and 2. From left to right these





4. ONLY Coaches and Team Mangers are permitted to turn the fans ON/OFF
  - a. Press **RUN** to turn the fans on.
  - b. The preset speed of 54 is the optimum and safest speed to operate the fans. Please don't go higher than this speed.
  - c. To turn the fans off press **STOP/RESET**

## ACCESSING CONTROL PANEL


Use the control panel to raise or lower the blue divider, or move the rings up and down, in or out.



1. Touch the screen to activate it.
2. Login – “USER” / Enter
3. Password – 111111 / Enter
4. Press the unlock Key on the bottom right of the screen 
5. This opens the system for you. Now you'll need to unlock it further
6. Password – 111111 / Enter
7. Press HOME 
8. Press **OPERATE**

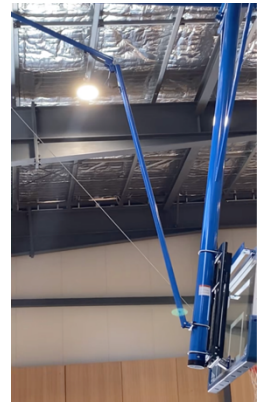
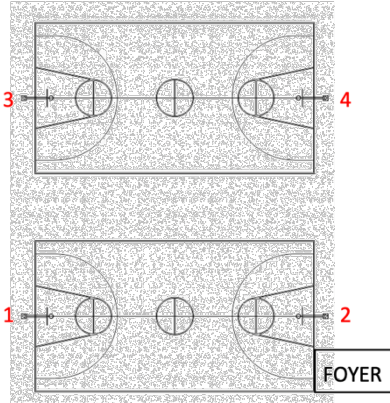
## BLUE SCREEN DIVIDER OPERATION

It would be rare for a coach to need to raise the blue divider. However if it does need raising in order to keep watch on both courts please follow the following directions.

1. Go through steps 2 – 8 of the Control Panel Operations
  - a. Press BASKETBALL BACKSTOPS
  - b. Use the up and down arrows in the middle of the courts to raise or lower the divider and press execute. The screen will only raise to a certain height. 
  - c. Press and hold EXECUTE to obtain the height you require.

## BACKBOARD RETRACTION

1. Go through steps 2 – 8 of the Control Panel Operations
  - a. Press BASKETBALL BACKSTOPS
  - b. Select Ring system you want to raise or lower
  - c. Press the ▲ ▼ to raise or lower rings
  - d. Press and hold EXECUTE to obtain the height you require.



## BASKETBALL HOOP HEIGHT ADJUSTMENT

Regulation Heights

U8 : 8ft 6inches

U10 – U18 : 10inches

1. This is a Manual process that involves turning a handle that is attached to the bottom of the backboard.
  - a. Green circle shows where the handle is connected and the red arrow points to the height changing mechanism which is a steel rod with a thread.



## SCOREBOARD OPERATION

If you are training at the same time at another similarly skilled team and wish to use the scoreboard please contact the club – [coordinator@donvaledunkers.org](mailto:coordinator@donvaledunkers.org) – to gain access to the key in our supply cupboard.



## U14'S – U18'S ADDITIONAL COACHING SUPPLY CUPBOARD

The school have set up a locker for Dunkers in the foyer (AQUA). Please use code 3111 to open lock and access cupboard for the following – ONLY COACHES MAY HAVE ACCESS

- Ice Pack & Bandaid restocking
- Defence dummies
- Training cones

Return key immediately.

